

# Addressing Historical and Intergenerational Trauma in Black & Latino Boys

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# Part 1: Awareness & Cultural Competence Assessment

# Culture

- ABILITY, AGE, BELIEFS, ETHNICITY, EXPERIENCES, GENDER, GENDER IDENTITY, LINGUISTIC BACKGROUND, NATIONAL ORIGIN, RACE, RELIGION, SEXUAL ORIENTATION, SOCIOECONOMIC STATUS, ETC.,

# Cultural Competence & Sensitivity

- INCREASE AWARENESS, KNOWLEDGE AND RESPECT FOR THE WAYS THAT OTHERS' BELIEFS, VALUES, AND PERCEPTIONS MAY DIFFER FROM YOUR OWN.
- CAPACITY TO RESPOND AND FUNCTION EFFECTIVELY IN OTHER

# Cultural Competence in Healthcare

- ABILITY OF PROVIDERS AND ORGANIZATIONS TO EFFECTIVELY DELIVER SERVICES THAT MEET THE SOCIAL, CULTURAL, ENVIRONMENTAL AND LINGUISTIC NEEDS OF PATIENTS
- FOCUSES MORE ON THE DEVELOPMENT OF SKILLS NEEDED TO PROVIDE PATIENT-

# Part 2: Exposure to Trauma in Youth of Color

# Black & Latino Boys' Health Facts True or False Activity

# Barriers

- **UNCONSCIOUS BIAS**
- **MICRO AGGRESSIONS**
- **PRIVILEGE & POWER DYNAMICS**
- **CULTURAL INSENSITIVITY**
- **ACCESS & RESOURCES**
- **HISTORY AND CULTURAL MISTRUST**
  - **PERPETUAL SYSTEMIC CYCLES**



# Trauma

- AN EVENT, A SERIES OF EVENTS, OR SET OF CIRCUMSTANCES EXPERIENCED BY AN INDIVIDUAL AS PHYSICALLY OR EMOTIONALLY HARMFUL
- CAUSES ADVERSE EFFECTS ON THE INDIVIDUAL'S FUNCTIONING AND MENTAL, PHYSICAL, SOCIAL, EMOTIONAL, AND/OR SPIRITUAL WELL-BEING

# Historical & Intergenerational Trauma

- IMPACTS ENTIRE COMMUNITIES
- THREATENS CULTURE, AND GENERAL GROUP WELL-BEING
- RESULTS IN CUMULATIVE EMOTIONAL AND PSYCHOLOGICAL WOUNDING
- CONTRIBUTES TO PHYSICAL & BEHAVIORAL HEALTH CONDITIONS
- OFTEN ASSOCIATED WITH RACE &

# Transmission of Trauma

- CUMULATIVE & COLLECTIVE LOSSES (LAND, POPULATION, CULTURE, FAMILY, ETC.,)
- FAMILY MEMBERS OR MEMBERS OF A CULTURAL GROUP CAN STILL SHOW SIGNS AND SYMPTOMS OF TRAUMA WITHOUT HAVING EXPERIENCED THE TRAUMATIC EVENT DIRECTLY

# Examples





- Physical
- Mental
- Emotional
- Psychological

# Vicarious Trauma

- **SECONDARY TRAUMATIC STRESS -BURNOUT AND COMPASSION FATIGUE**
- **PROVIDERS WHO WORK WITH TRAUMATIZED YOUTH MAY SUFFER FROM CHRONIC STRESS AND VICARIOUS TRAUMA—WITHOUT EVEN REALIZING IT**
- **PROVIDERS OF COLOR AND THOSE FROM RELIGIOUS ETHNIC GROUPS MAY ALSO EXPERIENCE HISTORICAL &**

# Part 3: Cultural Competence and Trauma Informed Framework for youth of color

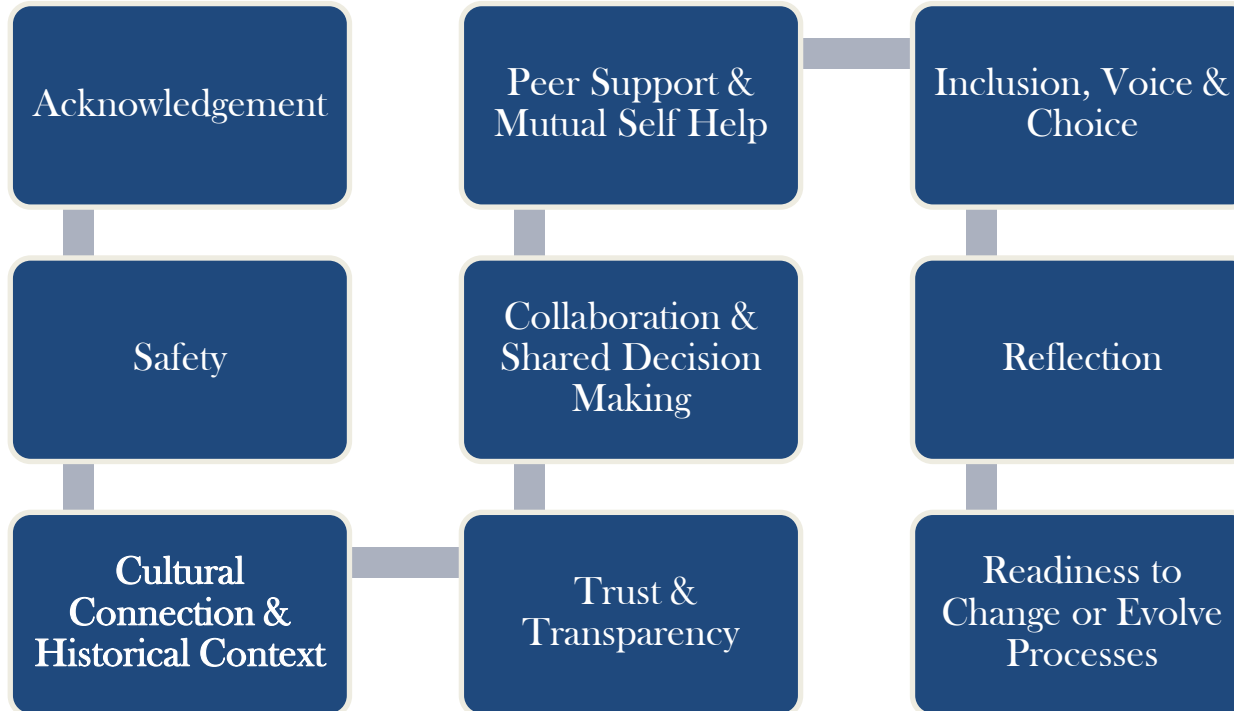




# Group Brainstorm

- 1) WHAT TOOLS CAN PROVIDERS USE TO BE TRAUMA INFORMED AND CULTURALLY RESPONSIVE?
  - HOW CAN WE USE THESE TOOLS TO ADDRESS THE UNIQUE NEEDS OF YOUNG BOYS OF COLOR?
  
- 2) WHAT STRATEGIES CAN ORGANIZATIONS USE TO PREVENT VICARIOUS TRAUMA?

# Starting Points



TRAUMA-INFORMED APPROACH AND TRAUMA-SPECIFIC INTERVENTIONS. SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION.

[HTTPS://WWW.SAMHSA.GOV/NCTIC/TRAUMA-INTERVENTIONS](https://www.samhsa.gov/nctic/trauma-interventions)

# Thank You!

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